East Bay Nursery

White False Heather

Cuphea hyssopifolia 'Alba'



White False Heather flowers
Photo courtesy of NetPS Plant Finder

Height: 24 inches

Spread: 30 inches

Sunlight: ○ ◐

Hardiness Zone: 8b

Other Names: Mexican Heather

Description:

Small, freely branching shrub or subshrub with dainty white tubular flowers that open to a star shape; flowers year round in warmer climates; great for bedding, shrub borders, and containers

Ornamental Features

White False Heather features dainty white tubular flowers along the branches from late spring to late summer. It has attractive green evergreen foliage which emerges light green in spring. The glossy narrow leaves are highly ornamental and remain green throughout the winter.

Landscape Attributes

White False Heather is a multi-stemmed evergreen shrub with an upright spreading habit of growth. Its average texture blends into the landscape, but can be balanced by one or two finer or coarser trees or shrubs for an effective composition.

This is a relatively low maintenance shrub, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees and butterflies to your yard. It has no significant negative characteristics.

White False Heather is recommended for the following landscape applications;

- Mass Planting
- General Garden Use
- Container Planting

Planting & Growing

White False Heather will grow to be about 24 inches tall at maturity, with a spread of 30 inches. It tends to fill out right to the ground and therefore doesn't necessarily require facer plants in front. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years.

This shrub does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone in winter to protect it in exposed locations or colder microclimates. This is a selected variety of a species not originally from North America.

White False Heather makes a fine choice for the outdoor landscape, but it is also well-suited for use in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when grown in a container, it may not perform exactly as indicated on the tag - this is to be expected. Also note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.