East Bay Nursery

Variegated Cretan Brake Fern

Pteris cretica var. albolineata

Height: 20 inches

Spread: 20 inches

Sunlight: ◐ ●

Hardiness Zone: 8a

Other Names: Silver Ribbon Fern, Bird's Foot Fern, Albolineata

Description:

Interesting, arching mound of bi-colored green, lanceolate fronds with creamy white centers; a great indoor container plant

Features & Attributes

Variegated Cretan Brake Fern is primarily valued in the home for its cascading habit of growth. Its serrated narrow compound leaves emerge chartreuse, turning dark green in color with pointy white spines throughout the year.

This is an herbaceous evergreen houseplant with a shapely form and gracefully arching foliage. Its relatively fine texture sets it apart from other indoor plants with less refined foliage. This plant may benefit from an occasional pruning to look its best.



Variegated Cretan Brake Fern foliage
Photo courtesy of NetPS Plant Finder



Variegated Cretan Brake Fern
Photo courtesy of NetPS Plant Finder

Planting & Growing

When grown indoors, Variegated Cretan Brake Fern can be expected to grow to be about 20 inches tall at maturity, with a spread of 20 inches. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. This houseplant performs well in both bright or indirect sunlight and strong artificial light, and can therefore be situated in almost any well-lit room or location. It prefers to grow in average to moist soil. The surface of the soil shouldn't be allowed to dry out completely, and so you should expect to water this plant once and possibly even twice each week. Be aware that your particular watering schedule may vary depending on its location in the room, the pot size, plant size and other conditions; if in doubt, ask one of our experts in the store for advice. It is not particular as to soil pH, but grows best in rich soil. Contact the store for specific recommendations on pre-mixed potting soil for this plant.

There are many factors that will affect the ultimate height, spread and overall performance of a plant when grown indoors; among them, the size of the pot it's growing in, the amount of light it receives, watering frequency, the pruning regimen and repotting schedule. Use the information described here as a guideline only; individual performance can and will vary. Please contact the store to speak with one of our experts if you are interested in further details concerning recommendations on pot size, watering, pruning, repotting, etc.