East Bay Nursery

## Toy Choi Pak Choi

***Brassica rapa 'Toy Choi'***



*Toy Choi Pak Choi fruit*
*Photo courtesy of NetPS Plant Finder*

Height: 6 inches

Spread: 6 inches

Spacing: 12 inches

Sunlight:

Hardiness Zone: (annual)

Other Names: Chinese Cabbage, Canton Dwarf, Oriental Cabbage

**Description:**

This compact variety boasts small edible dark green glossy leaves as well as white stalks; heat tolerant and quick maturing; great for containers and gardens; a mild flavor profile; perfect for braising, soups, noodle dishes and so much more

**Edible Qualities**

Toy Choi Pak Choi is an annual vegetable plant that is commonly grown for its edible qualities. The entire above-ground parts of the plant are edible, and are usually harvested from early summer to late fall. The edible parts have a mild taste and a crisp texture.

The plant is most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

**Planting & Growing**

Toy Choi Pak Choi will grow to be only 6 inches tall at maturity, with a spread of 6 inches. When planted in rows, individual plants should be spaced approximately 12 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop. Because of its relatively short time to maturity, it lends itself to a series of successive plantings each staggered by a week or two; this will prolong the effective harvest period.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America.

Toy Choi Pak Choi is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.