East Bay Nursery

Savoy Cabbage

Brassica oleracea var. sabauda



Savoy Cabbage fruit
Photo courtesy of NetPS Plant Finder

Height: 14 inches

Spread: 24 inches

Spacing: 18 inches

Sunlight:

Hardiness Zone: (annual)

Description:

A lovely cool weather performer selection that is perfect for large patio containers or gardens; produces large, globe shaped heads of dark emerald green crinkled leaves; tender and crisp, perfect for stir fries, coleslaw, sauerkraut and cabbage rolls

Edible Qualities

Savoy Cabbage is an annual vegetable plant that is typically grown for its edible qualities. The round green tightly-wrapped heads of foliage are usually harvested from early fall to early winter. The heads have a pleasant taste and a crisp texture.

The heads are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

Planting & Growing

Savoy Cabbage will grow to be about 14 inches tall at maturity, with a spread of 24 inches. When planted in rows, individual plants should be spaced approximately 18 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This species is not originally from North America, and it is considered by many to be an heirloom plant.

Savoy Cabbage is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.