East Bay Nursery

Shallot

Allium cepa var. aggregatum

Height: 12 inches

Spread: 6 inches

Spacing: 6 inches

Sunlight: ○

Hardiness Zone: (annual)

Description:

A sun loving selection perfect for kitchen gardens or raised beds; yellow or red, mild and sweet flavored with a slight zing; delicious when roasted, sauteed or added to dressings; can be planted in early spring or in the fall to overwinter



Shallot fruit
Photo courtesy of NetPS Plant Finder

Edible Qualities

Shallot is an annual vegetable plant that is typically grown for its edible qualities. The entire above-ground parts of the plant are edible, and are typically harvested when mature. The edible parts have a mild taste and a crisp texture.

The plant is most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking
- Seasoning



Shallot fruit
Photo courtesy of NetPS Plant Finder

Planting & Growing

Shallot will grow to be about 12 inches tall at maturity, with a spread of 6 inches. When planted in rows, individual plants should be spaced approximately 6 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This species is not originally from North America.

Shallot is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.