East Bay Nursery

Early Mizuna Mustard

Brassica rapa var. narinosa 'Early Mizuna'



Early Mizuna Mustard foliage
Photo courtesy of NetPS Plant Finder

Height: 12 inches

Spread: 10 inches

Spacing: 12 inches

Sunlight: ○ ◐

Hardiness Zone: (annual)

Description:

A vigorous variety with excellent cold tolerance- great for early spring planting; can be harvested as micro, baby or fully mature; young leaves are a great peppery addition to salads, while mature leaves are better suited for soups and stews

Edible Qualities

Early Mizuna Mustard is an annual vegetable plant that is typically grown for its edible qualities. The deeply cut narrow dark green leaves are usually harvested from late spring to late summer. The leaves have a mild taste.

The leaves are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

Planting & Growing

Early Mizuna Mustard will grow to be about 12 inches tall at maturity, with a spread of 10 inches. When planted in rows, individual plants should be spaced approximately 12 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop. Because of its relatively short time to maturity, it lends itself to a series of successive plantings each staggered by a week or two; this will prolong the effective harvest period.

This plant is typically grown in a designated vegetable garden. It does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America.

Early Mizuna Mustard is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.