East Bay Nursery

Komastuna Green

Brassica rapa var. perviridis



Komastuna Green foliage
Photo courtesy of NetPS Plant Finder

Height: 16 inches

Spread: 12 inches

Spacing: 12 inches

Sunlight: ○ ◐

Hardiness Zone: (annual)

Other Names: Mustard Spinach, Japanese Mustard Spinach

Description:

A fast growing variety with excellent bot resistance and cold tolerance; dark green leaves are tender and mild with a slight zesty zing; baby leaves can be harvested for salads, while mature leaves are delicious cooked in stir fry, soups or steamed

Edible Qualities

Komastuna Green is an annual vegetable plant that is typically grown for its edible qualities. The crinkled oval dark green leaves are usually harvested from early summer to early fall. The leaves have a zesty taste.

The leaves are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

Planting & Growing

Komastuna Green will grow to be about 16 inches tall at maturity, with a spread of 12 inches. When planted in rows, individual plants should be spaced approximately 12 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop. Because of its relatively short time to maturity, it lends itself to a series of successive plantings each staggered by a week or two; this will prolong the effective harvest period.

This plant is typically grown in a designated vegetable garden. It does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This species is not originally from North America.

Komastuna Green is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.