East Bay Nursery

## Alcosa Cabbage

***Brassica oleracea var. sabauda 'Alcosa'***



*Alcosa Cabbage fruit*
*Photo courtesy of NetPS Plant Finder*

Height: 8 inches

Spread: 12 inches

Spacing: 18 inches

Sunlight: ○

Hardiness Zone: (annual)

**Description:**

A lovely early maturing, cool weather performer great for small gardens and raised beds; produces compact, 2-4lbs globe shaped heads of green crinkled leaves with buttery yellow centers; tender and mild, perfect for roasting, braising and sautéing

**Edible Qualities**

Alcosa Cabbage is an annual vegetable plant that is typically grown for its edible qualities. The round bluish-green tightly-wrapped heads of foliage are typically harvested when mature. The heads have a pleasant taste and a crisp texture.

The heads are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

**Planting & Growing**

Alcosa Cabbage will grow to be about 8 inches tall at maturity, with a spread of 12 inches. When planted in rows, individual plants should be spaced approximately 18 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. This plant is a heavy feeder that requires frequent fertilizing throughout the growing season to perform at its best. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America.

Alcosa Cabbage is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.