Arctic Frost Mat Rush

Lomandra longifolia 'Arctic Frost'



Arctic Frost Mat Rush
Photo courtesy of NetPS Plant Finder

Height: 3 feet

Spread: 3 feet

Sunlight: ○ ◐

Hardiness Zone: 8b

Description:

Narrow, arching, dark green foliage with contrasting white edges for a stunning effect; subtle, yellow flowers are honey scented; tolerates a wide range of conditions; great for containers or as edging; requires little to no maintenance once established

Ornamental Features

Arctic Frost Mat Rush is primarily valued in the garden for its cascading habit of growth. Its attractive grassy leaves remain forest green in color with distinctive white edges throughout the year.

Landscape Attributes

Arctic Frost Mat Rush is an herbaceous evergreen perennial grass with a shapely form and gracefully arching stems. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It has no significant negative characteristics.

Arctic Frost Mat Rush is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Groundcover
- Container Planting

Planting & Growing

Arctic Frost Mat Rush will grow to be about 3 feet tall at maturity, with a spread of 3 feet. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an evegreen perennial, this plant will typically keep its form and foliage year-round.

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist growing conditions, but will not tolerate any standing water. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil type or pH, and is able to handle environmental salt. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Arctic Frost Mat Rush is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. Because of its height, it is often used as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.