# Bog Sage

***Salvia uliginosa***



*Bog Sage flowers*
*Photo courtesy of NetPS Plant Finder*

Plant Height: 3 feet

Flower Height: 5 feet

Spread: 3 feet

Spacing: 30 inches

Sunlight:

Hardiness Zone: 5b

**Description:**

The airy blue and white blooms which rise loftily above this bog or moist garden perennial give a dainty feel to the garden, despite the rather large size of the plants; require lots of moisture, ideal for a waterside planting

**Ornamental Features**

Bog Sage features airy racemes of blue flowers with white overtones rising above the foliage from late spring to early fall. The flowers are excellent for cutting. Its narrow leaves remain dark green in color throughout the season.



*Bog Sage in bloom*
*Photo courtesy of NetPS Plant Finder*

**Landscape Attributes**

Bog Sage is an herbaceous perennial with tall flower stalks held atop a low mound of foliage. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Disease

Bog Sage is recommended for the following landscape applications;

- Mass Planting
- General Garden Use
- Naturalizing And Woodland Gardens
- Bog Gardens

**Planting & Growing**

Bog Sage will grow to be about 3 feet tall at maturity extending to 5 feet tall with the flowers, with a spread of 3 feet. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 30 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 8 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant should only be grown in full sunlight. It is quite adaptable, prefering to grow in average to wet conditions, and will even tolerate some standing water. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This species is not originally from North America. It can be propagated by division.